



St. Andrew's Regional High School ISLAND CATHOLIC SCHOOLS

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Mission Statement: St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

Land Acknowledgement: St. Andrew's Regional High School acknowledges with gratitude that we learn, play, and pray on the territories and traditional lands of the lək'wəŋən (Songhees), Wyomilth (Esquimalt), and WSÁNEĆ (Saanich) peoples. In the light of this truth, and in humility, we commit ourselves to continue to work for reconciliation, and for respectful relationships with the Creator and all creation.

Dear St. Andrew's families,

This is a busy time of year for our administrators. We're having conversations with all the families who would like to have their children attend our wonderful school. Although only a week into the interview season, we have every reason to feel optimistic about the future of our school. Conversation after conversation I hear families tell me that they want to come to St. Andrew's because they know it is a good school, they want a quality education, they're eager to be active in our school sports, and participate in clubs. Again and again, we are meeting young students who are curious, motivated, and genuinely excited about coming to our school to learn. Their thoughtful questions, diverse interests and activities, and willingness to engage in meaningful conversation reflect a strong alignment between their values and the mission of our community. These interviews are not just a hoop to jump through as part of admissions, they serve as a reminder of why the work our teachers, EAs, and secretaries do matters and who we serve.



Depending on who you are, unfortunately or fortunately, the administration will have to make some very difficult decisions as we have more applications than we have space. As unpleasant as it is, we'll have to disappoint some families because of capacity. Our growing school population is an incredible sign of trust you have in our school. We recognize this and we are humbled. Families are choosing our school because they believe in our vision, in the excellence of educators, the dedication of our support staff, the culture of care so that our students thrive spiritually, academically, physically, and personally. New families and increased student population brings fresh energy, new perspectives, and expanded opportunities for collaboration across our programs.

What is especially worthy to note is the relationship between the church, school, and families - all working together which also reinforce each other. As you share the qualities of our school more families join our community. When they join our community, they contribute to a vibrant, inclusive culture that attracts even more families who share our shared commitment to faith, learning and growth. This positive cycle helps promote a momentum that will continue to serve our community.

Together, these signs point to a healthy, dynamic future. With engaged students, supportive families, and a community that continues to grow with purpose, we can move forward with confidence, enthusiasm, and a shared sense of value in our Catholic education.

Blessings,
Patrick Niwa Principal

RETREAT DAY NEWS!

Grade 10 Retreat is coming on THURSDAY: April 16th at Camp Pringle! Please return the permissions slips to the office as soon as possible!

On retreat day, please make sure your child is at school by 8:25am. We aim to return to school at 6:30pm. Your child needs a BIG lunch, a water bottle and clothes that match the weather.

Pray for **SUNSHINE** :)

Ms. Gilbert and the retreat team

Mark You Calendars:

April 10	Last Day of Term 3
April 15	Civvies day \$2
April 16	Grade 10 Retreat
April 23-25	Whistler Music Trip
April 24	Pro-d Day—No School
April 30	Parent/Teacher interviews
May 7-9	Annie Jr. Performance @ Spectrum
May 15	NO SCHOOL —Day in lieu



Grad Corner

Bottle Drive - Car Wash - BBQ Fundraiser on Saturday, April 25th, 11:00-3:00 pm

We will appreciate support from our school community to help us with this important fundraising day - bring your bottles and cans, stay for a car wash and a BBQ lunch! All funds raised will help to ensure our grads have an amazing after-grad celebration.

We are looking for volunteers! Please sign up on the [OnVolunteers portal](#). We also need grad students to help - please plan to join us for a couple of hours! Your help will make this fundraiser amazing!!

Seeking Donations - Online Auction

We are looking for donations for our Online Auction! **We need items in by May 8th, please.**

What can you contribute? We can auction services, products, gift cards... the possibilities are many!

- If you are a business owner, perhaps you have a service, product or gift card that you could donate.
- If you are a crafter, maybe you have something that you could donate.
- Perhaps you've received a gift card that you won't use and could donate (please confirm that it is still active and let us know the amount).
- Do you have new, unused items at home that are looking for a new home? They might be great for the auction!

How can you get your items to us? You can email us at SARHSgrad26@gmail.com to let us know what donations you have to contribute. **We will collect items out front of the school each Thursday from 3:00-3:30 pm (April 16, 23, 30 and May 7) as well as at the Bottle Drive on April 25th.**

Thank you so much for your kind assistance in making these fundraisers successful!

HOSTING INTERNATIONAL STUDENTS

The St. Andrew's International Student Program is very much in need of additional host families for the upcoming school year starting September 2026/27 **for male students.**

If you would be willing to support a young person on their international high school journey/ experience, please consider welcoming one of our international students into your family.

**BECOME A
ST. ANDREW'S
HOST FAMILY**

LEARN MORE

CONTACT US
250-886-5596
ASAP

homestay@cisdv.bc.ca



Host families receive \$1,350 per month to cover costs.

Please contact Nina Timmat : homestay@cisdv.bc.ca
Tel: 403-771-2519

Vancouver Global University Fair -- April 25th

The VGUF is a great opportunity for students from grades 9 to 11 to explore post-secondary opportunities. This year, it will be held at **Langara College on Saturday, April 25th.**

St. Andrew's students have been invited to travel on a **free bus to and from the ferry** in a chaperoned group. They can also attend with their family and arrange their own transportation if they prefer.

Pre-registration is required, using the link below.
[VGUF—Register now](#)

Students interested in travelling with the school group should contact Ms Sanders.



MUSIC DEPARTMENT

Our busy April performance season has arrived!

First up is the annual Island Catholic Schools Music Showcase Concert (see poster attached below), featuring young musicians from St. Andrew's, St. Patrick's, and St. Joseph's schools, which will take place next Tuesday, April 14th at UVic's Farquhar Auditorium at 6pm. All parents, family, and friends are welcome to attend! Tickets are available through the UVic Centre box office or online at: <https://purchase.tickets.uvic.ca>

Parents, please note that students will be rehearsing for the concert at UVic during the day of April 14th. A permission form for bussing to UVic must be returned by Monday, April 13th.

St. Andrew's Singers will also be representing our school in the Greater Victoria Performing Arts Festival on April 17th at 1:30pm at Oak Bay High School. Any parents who would like to attend are welcome. Further info can be found on the festival website: <https://www.gvpaf.org/events>

Finally, the highlight of April will be our trip to the Con Brio Whistler Music Festival from April 23rd-26th. Our Music students are looking forward to their performances, adjudications, workshops with professional clinicians, and collaborating with other young musicians in massed ensembles of 1000 students! Here is a link to the website for further info: <https://conbriofestivals.ca/whistler-music-festival/>

A detailed itinerary, performance schedule, and list of what to bring will be emailed to parents next week. A big thank you to those parents who have volunteered to chaperone our trip!

Peer Counsellor Lenten Activity

During the season of Lent, our school community was invited into a shared practice of prayer, fasting, and almsgiving. Each student contributed in a personal way, marking their intentions and actions on coloured slips of paper—yellow for prayer, orange for fasting, and black for acts of giving. These individual responses, whether words, names, or simple designs, reflect both quiet intention and lived commitment.

Collected and transformed by the peer counsellors, these many small offerings have been assembled into a mosaic of a lighthouse. The lighthouse stands as a symbol of Christ's light in the world—steady, guiding, and revealed in a new way at Easter. Just as a lighthouse is built from many parts to shine brightly, this piece represents how our individual Lenten actions come together to prepare our hearts and illuminate our path toward the risen Christ.



This work is both a reflection of our journey through Lent and a celebration of the hope and renewal of Easter.

The peer counsellors are grateful to all the tag teachers and the students who supported and participated in

SABRES ATHLETICS

Athletics Store Pick-up!!

For anyone that ordered from our athletics store, the packages came in before spring break and the numerous announcements have not gotten out to all the students. There is a box full of apparel that has yet to be picked up. Please tell your students to come to the AD office to get their apparel if they have still not picked them up!

Keeping up:

I have included a link to our "This Week in Sports", which is shown on the TV's around the school for students. This is a slideshow including practice schedules as well as games and other related sports events that take place. Please be advised that the schedule is subject to change!

https://docs.google.com/presentation/d/1FqeiG7BQevw1lloiRI6D8spxsylvunNgkL_u-P02vWSo/edit?usp=sharing

If you have Instagram feel free to follow the sabres athletics page for updates as well [@sabres_athletics](https://www.instagram.com/sabres_athletics)

April Athletics Calendar [ATTACHED HERE](#)

SABRES SPORTS

Grade 8 Volleyball:

Now that our grade 8 volleyball season has come to a close, all uniforms must be returned. If your students still has their uniform, please ensure that it is returned within the first week back after spring break!

Term 3 sports:

Once we are back from spring break our term 3 sports start immediately! Senior girls soccer, ultimate, tennis, and track & field all have events the first week back. Badminton will be starting up the week after. If your student is a part of any of these teams please ensure that you have completed the following 3 steps to ensure they are eligible to play:

1. filled out our athletic package (consent form)
2. paid the athletic fee (one time payment)
3. paid the uniform deposit for their sport jersey

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If you have Instagram feel free to follow the Sabres Athletics page for updates as well [@sabres_athletics](https://www.instagram.com/sabres_athletics)
SABRES ATHLETIC CALENDAR

Announcements from the Theater Department!

Leaping Lizards! Victoria will “stick up its chin and grin and sing ‘Tomorrow! Tomorrow!’” when St. Andrew's Regional High School performs Annie JR. Based on the popular comic strip and adapted from the Tony Award-winning best musical by Tony Award-winners, Thomas Meehan, Charles Strouse and Martin Charnin, Annie JR. tells the story of a spunky Depression-era orphan determined to find her parents.

St. Andrew's Regional High School will present **Annie JR.** on **May 7, 8 and 9** show at **Spectrum School Theater**. Tickets are **\$15 until April 1st**, after which they will be \$20 and a limited amount available at the door. Tickets can be purchased through <https://cisdv.schoolcashionline.com/>. There is no dress code, but the cast will remind you that you are “never fully dressed without a smile.”

Get your tickets now and show your school spirit! <https://cisdv.schoolcashionline.com/>

Follow TAG announcements and our Instagram page: [sarhs2025_finearts](https://www.instagram.com/sarhs2025_finearts) for future information on ANNIE JR. Promo Activities!



ST. ANDREW'S REGIONAL
HIGHSCHOOL
PRESENTS

Annie JR.

ANNIE JR. IS PRESENTED THROUGH SPECIAL ARRANGEMENT WITH
AND ALL AUTHORIZED MATERIALS ARE SUPPLIED BY
MUSIC THEATRE INTERNATIONAL, NEW YORK, NY
(212) 341-4884 WWW.MTIHQ.COM

DIRECTORS
KATE GAUTHIER - RIGGS
MARISA TINSAY

CHOREOGRAPHER
CLAIRE DEVENPORT
SARAH KATZ

MUSIC DIRECTOR
PHILIP O'REILLY

THURSDAY, MAY 7: 7:00PM
FRIDAY, MAY 8: 7:00PM
SATURDAY, MAY 9: 2:00PM AND 7:00PM

"ALL SHOWS AT SPECTRUM SCHOOL THEATER"
GO TO [HTTPS://CISDV.SCHOOLCASHONLINE.COM](https://cisdv.schoolcashionline.com) FOR TICKETS

EARLY BIRD TICKETS
\$15
REGULAR \$20

BOOK BY
THOMAS MEEHAN

MUSIC BY
CHARLES STROUSE

LYRICS BY
MARTIN CHARNIN

Dates to Note from the Academic Advising Team:

April 15th -- 10:45 a.m. - 12:05 p.m. -- **Coast Guard webinar** is actively recruiting. Canada's marine sector needs more than 8,300 new workers by 2029 -- opening up thousands of job opportunities. Future graduates can go directly to work, learn a trade, or take college and university degrees through the Coast Guard. This event is free. It will be running during school hours, if there is enough interest. If your student would like to take part, please contact Ms. Sanders.

Register using this link

April 25th -- The VGUF: Grade 9-12 students are invited to attend the Vancouver Global University Fair on Saturday, April 25th from 1:00-4:00 pm. This convention style event will have over 50 representatives from post-secondary institutions as well as some interesting workshops. Families are invited to travel to the event on their own, or students can travel as a group from our school, chaperoned by Ms. Sanders. Please be in contact with Ms. Sanders as soon as possible if your student wishes to come to the VGUF (msanders@cisdv.bc.ca).

Regardless, pre-registration is required. See this link for more info

April 29th -- 8:30 am - 12:30 PT-- Discovery Day in Health Science: St. Andrew's students, grades 9-12 interested in careers in Medicine and Health Science have the opportunity to attend an online conference called Discovery Days in Health Science. This online conference sponsored by the Canadian Medical Hall of Fame, will feature guest speakers and panel discussions. Workshops listed here. Again, registration is required in advance. This webinar also runs during the school day, so please connect with Ms. Sanders to sign up.

UVic is hosting these interesting events:

April 9: Finance 101 will help students get ready for university life with real-world money skills. Led by Dr. Michael King of UVic's Gustavson School of Business, this is a fantastic opportunity for students to learn how to manage their money, build credit and start saving or investing.

Register Here

May 9: Science Rendezvous is an on-campus day of exploration related to Science, Technology, Engineering and Math for K-12 students, educators and science enthusiasts! Join us to participate in fun science activities, tour our greenhouse and telescope, chat with scientists in your community about their research and more. More Info Here

From The Diocese:

- The Laudato Si' Animators Program is a free, online formation offered by the Laudato Si' Movement that invites parishioners to deepen their faith and respond to Pope Francis' call to care for our common home. Through spiritual reflection and practical learning, this free online training offers a rich experience that will empower participants to bring his Laudato Si' encyclical to life in their communities through faith-based action, ecological education, and community engagement. A new course is starting April 15, 2026. For more information go to: <https://laudatosianimators.org/>
- Catholic Women's Leadership Foundation is hosting a leadership program in partnership with Saint Paul University starting May 1. In this eight-week online program Catholic women are invited to grow as confident, faith-centered leaders in a synodal Church. Through prayerful reflection, dialogue, and skill-building, participants are provided with a transformative learning opportunity to acquire deeper self-awareness, knowledge and skills that will foster agency as mature Christian disciples in and for the world. For more info visit: <https://www.cwlfcanada.ca/st-paul-university>
- Bishop Gary Gordon will celebrate a special Mass at 11:00 am on Sunday, April 19 in honour of the dedication of those who work or volunteer in health care. Everyone is invited to participate, either in person at St. Patrick's Parish in Victoria (2060 Haultain St, Victoria BC), or via livestream at <https://www.youtube.com/live/BcHDjhHltMc>. A Knights of Columbus Pancake Breakfast will take place before and after Mass in the Lourdes Hall.



DARE TO Hope

+ Y R 2026

Join us for a weekend of
faith, fun and friendship!



Grades 7 - 12



May 8 - 10, 2026



Camp Imadene
9175 S Shore Rd, Mesachie Lake, BC



Presented by NET Ministries



Cost: \$199

Youth must provide their own
adult chaperones, through an
RCDV Youth Group or otherwise.

REGISTER ON EVENTBRITE ↘
by April 17



bitly



Diocesan Youth Retreat
Diocese of Victoria



ISLAND
CATHOLIC SCHOOLS

Joy of
MUSIC

CONCERT 2026



April 14 | UVIC Farquhar Auditorium | 6pm

\$12 at the box office or
<https://purchase.tickets.uvic.ca/>

Parent Support Group Info

St. Andrew's Parent Support Group
Thank you for helping us help our school!
sarhs-psg@cisdv.bc.ca

Used Uniform Sale

Saturday, May 9, 2026
10:00am – 1:00pm
St. Andrew's Commons



Price List

Golf Shirts, Athletic Wear, Vests	\$10
White Dress Shirts and Shorts	\$5
Sweaters	\$20
Hoodies	\$15
Girls Kilts	\$40
Boys Grey Pants	\$20
School Blazer	\$45

Send donation or sale questions to sarhs-psg@cisdv.bc.ca



04/17
ST. ANDREW'S

6-9 PM

80S STUDENT ART SHOW

PRIZES

\$60 INCLUDES DINNER, DRINKS AND TRIVIA FUN!

LIMITED TICKETS

MEXICAN DINNER & BAR

50/50

SPONSORED BY: SARHS'S PSG

TRIVIA BY: 





ST. ANDREW'S
REGIONAL HIGH SCHOOL

GRAD CLASS OF 2026

Thanks You!



Dr. Maico D. Melo, Inc.

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